



Vitamin D Receptor Binding and Biological Effects of Cholecalciferol Analogues in Rat Thyroid Cells

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The cholecalciferol analogues 1(S),3(R)-dihydroxy-20(R)-[3'(S)-cyclopropyl-3'-hydroxyprop-1'(E)-enyl]-9,10-secopregna-5(Z),7(E),10(19)-triene (calcipotriol, MC 903), 1(S),3(R)-dihydroxy-20(R)-[3'-ethyl-3'-hydroxy-pentoxy]-9,10-secopregna-5(Z),7(E),10(19)-triene (KH 1060) and 1(S),3(R)-dihydroxy-20(R)-[5'-ethyl-5'-hydroxy-hepta-1'(E),3'(E)-diene-1'-yl]-9,10-secopregna-5(Z),7(E),10(19)-triene (EB 1089) have been modified in the side chain to increase their effects on cell differentiation and proliferation and to reduce the risk of inducing hypercalcemia. The effects of these analogues were tested on FRTL-5 cells, a strain of continuously growing and well-differentiated rat thyroid cells. FRTL-5 cells express a normal vitamin D receptor (VDR), and 1,25-(OH)₂D₃ potently attenuates the thyrotropin (TSH) stimulated production of the intracellular signalling molecule 3',5'-cyclic adenosine monophosphate (cAMP), iodide uptake and cell growth of these cells. These effects were also induced by the cholecalciferol analogues after 4 days of incubation. KH 1060 was the biologically most potent of the analogues and, compared to KH 1060, the IC₅₀ values were 1.2-, 2.7- and 14-fold higher when 1,25-(OH)₂D₃, EB 1089 and MC 903, respectively, were used for the displacement of receptor bound [³H]1,25-(OH)₂D₃. As indicated by their VDR binding, 1,25-(OH)₂D₃ and EB 1089 were equipotent inhibitors of the TSH stimulated adenylyl cyclase activity, iodide uptake and FRTL-5 cell growth. The analogue MC 903 was the second most potent inhibitor of cell growth in spite of expressing the lowest affinity for the VDR and the weakest inhibition of TSH-stimulated adenylyl cyclase activity and iodide uptake. In conclusion, the biological effects of these cholecalciferol analogues in rat thyroid FRTL-5 cells seem to be mainly determined by their binding affinity for the VDR, although non-genomic effects can not be excluded.

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INTRODUCTION

It is well known that vitamin D plays an important role in regulating the calcium metabolism. Recently, it has become evident that vitamin D is also a potent regulator of proliferation and differentiation in a wide range of cells [1, 2]. Systemic administration of 1,25-(OH)₂D₃ activates the intracellular vitamin D receptor (VDR), a nuclear transcription factor, and regulates gene transcription in every cell expressing the receptor [3]. The potential use of vitamin D as a differentiation factor in the treatment of proliferative disorders has

been hampered by the development of hypercalcemia. This has led to the search for cholecalciferol analogues with augmented effects on cell proliferation and differentiation and reduced effects on calcium homeostasis compared to 1,25-(OH)₂D₃ [4]. Topical administration of the cholecalciferol analogue MC 903 (calcipotriol) has been introduced in the treatment of psoriasis [5]. The analogue EB 1089 inhibited tumor cell growth both in a human breast cancer cell line (MCF-7) and in rats with breast cancer [6]. KH 1060, another cholecalciferol analogue, regulated cell growth and differentiation much more potently than 1,25-(OH)₂D₃ in a human histiocytic lymphoma cell line [7]. It also inhibited T lymphocyte proliferation and showed an additive immunosuppressive effect in combination with

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cyclosporin A [8]. Most of the studies with cholecalciferol analogues have been performed in cancer cell lines, leukocytes/lymphocytes and in the classical vitamin D target tissues.

We have studied the effects of $1,25-(OH)_2D_3$ on FRTL-5 cells, a well differentiated, continuously growing, rat thyroid cell line that have retained the characteristics of normal thyroid follicular cells [9]. The cells express a functional thyrotropin (TSH) receptor and TSH stimulates the production of the intracellular messenger 3',5'-cyclic adenosine monophosphate (cAMP) [10]. FRTL-5 cell proliferation [10], iodide uptake [11] and thyroglobulin synthesis [12] are all stimulated by TSH. These effects of TSH can be mimicked by cAMP analogues. The FRTL-5 cells express the VDR [13, 14], and $1,25-(OH)_2D_3$ attenuates the TSH stimulated cAMP production in these cells [15]. Furthermore, both the TSH and cAMP analogue stimulated cell proliferation and iodide uptake are inhibited by $1,25-(OH)_2D_3$ [16].

The FRTL-5 cells represent a well defined *in vitro* system for comparing the binding characteristics of the cholecalciferol analogues with their effects on cell proliferation and differentiation. We therefore compared the VDR binding affinity of the side chain modified cholecalciferol analogues MC 903, EB 1089, KH 1060 and $1,25-(OH)_2D_3$ (Fig. 1) and their effects on the TSH

stimulated adenylyl cyclase activity (ACA), iodide uptake and cell growth.

EXPERIMENTAL

Hormones and chemicals

$1,25-(OH)_2D_3$, and the synthetic analogues 1(S),3(R)-dihydroxy-20(R)-[3'(S)-cyclopropyl-3'-hydroxyprop-1'(E)-enyl]-9,10-secopregna-5(Z),7(E),10(19)-triene (calcipotriol, MC 903), 1(S),3(R)-dihydroxy-20(R)-[3'-ethyl-3'-hydroxy-pentoxy]-9,10-secopregna-5(Z),7(E),10(19)-triene (KH 1060) and 1(S),3(R)-dihydroxy-20(R)-[5'-ethyl-5'-hydroxy-hepta-1'(E),3'(E)-diene-1'-yl]-9,10-secopregna-5(Z),7(E),10(19)-triene (EB 1089) were gifts from Dr L. Binderup, Leo Pharmaceutical Products (Ballerup, Denmark). Coon's modified Ham's F-12 medium, bTSH, insulin, transferrin, MEM non-essential amino acids, bovine serum albumin (BSA), isobutylmethylxanthine (IBMX), adenosine trisphosphate (ATP), creatine phosphate, creatine phosphokinase and potassium iodide were purchased from Sigma Chemical Co. (St Louis, MO, U.S.A.). Penicillin was brought from A/S Apothekernes Laboratorium (Oslo, Norway), streptomycin from Evans Medical (Langhurst, Horsham, U.K.), $1\alpha,25$ -dihydroxy[26,27-methyl- 3H]cholecalciferol ($[^3H]1,25-(OH)_2D_3$), $Na^{125}I$ and $[8-^3H]-3',5'$ -cyclic adenosine monophosphate from

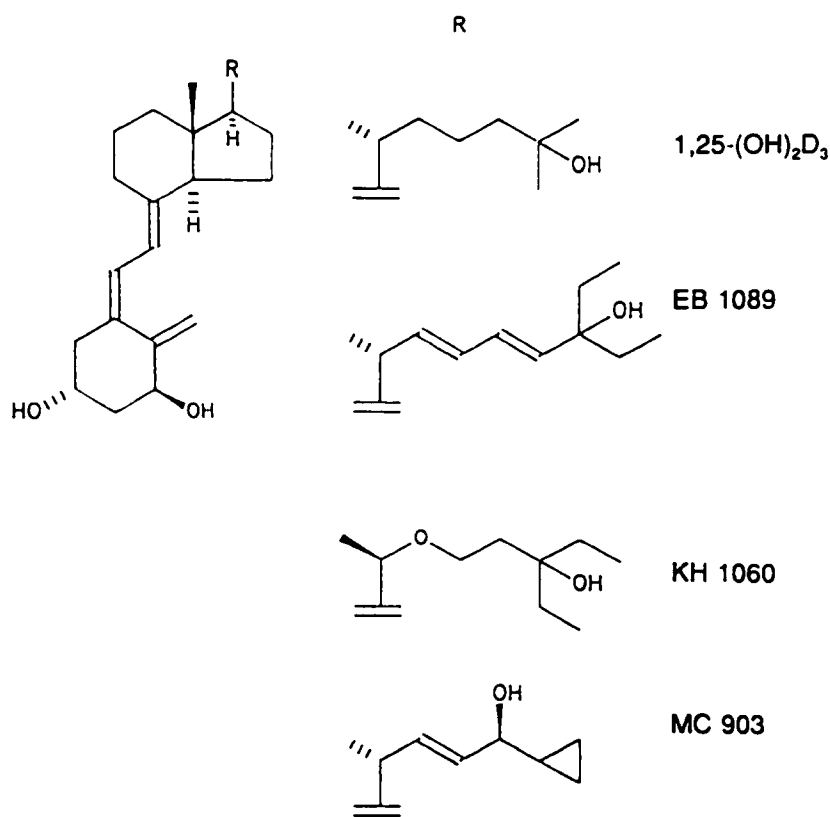


Fig. 1. Structural formulas for the cholecalciferol analogues, $1,25-(OH)_2D_3$, EB 1089, KH 1060 and MC 903.

Amersham International (Buckinghamshire, U.K.), Dextran T-70 from Pharmacia (Uppsala, Sweden), Norit A from Amend Drug and Chemical (Irvington, U.S.A.), dithiothreitol from Calbiochem-Behring Corp. (La Jolla, U.S.A.) and heat-inactivated newborn calf serum from Flow Laboratories (Irvine, Scotland, U.K.).

Cell culture

The FRTL-5 cells were kindly provided by Dr Ulla Feldt-Rasmussen (Copenhagen, Denmark) through Interthyr Research Foundation Inc. and cultured, as previously described [16], in modified Ham's F-12 medium supplemented with 5% heat-inactivated newborn calf serum, bTSH (1 U/l), insulin (1.7 μ mol/l), transferrin (60 nmol/l), penicillin (10,000 U/l) and streptomycin (10 mg/l).

1,25-(OH)₂D₃ receptor binding

The receptor binding experiments were performed essentially as previously described [13]. Cell cytosol was prepared by sonicating the cells in ice-cold hypertonic TEKMD buffer (Tris 10 mmol/l, EDTA 1.5 mmol/l, KCl 300 mmol/l, Na₂MoO₄ 10 mmol/l, dithiothreitol 1 mmol/l, pH 7.4) and centrifugation for 60 min (100,000 g, 4°C). Protein concentration was measured in the supernatant, which was used for the binding studies. Cytosol (100 μ l, 3 mg protein/ml), [³H]1,25-(OH)₂D₃ (100 μ l, 4 nmol/l) without or with increasing concentrations of unlabelled 1,25-(OH)₂D₃, MC 903, KH 1060 or EB 1089 (100 μ l) were incubated over night at 4°C. Bound and free ligand were separated by charcoal adsorption and bound [³H]1,25-(OH)₂D₃ was measured in a RackBeta 1219 liquid scintillation counter (LKB Wallac, Turku, Finland).

Adenylyl cyclase activity

FRTL-5 cell homogenates were made by disrupting the cells in a hypotonical buffer (Pipes 25 mmol/l, MgCl₂ 5 mmol/l, IBMX 1.0 mmol/l, EDTA 1.0 mmol/l and ATP 3 mmol/l, pH 7.6), to which was added an ATP regenerating system (creatine phosphate 20 mmol/l and creatine phosphokinase 33 IU/l) [17]. The homogenates were treated with TSH (10 U/l) for 5 min at 30°C, and cAMP measured using a competitive protein binding assay [18]. The results were expressed per mg cell protein.

Iodide uptake

The cells were grown in Costar (Cambridge, MA, U.S.A.) tissue culture dishes (24 wells) in the presence of cholecalciferol analogue or vehicle as indicated. The assay was performed essentially as described by Weiss *et al.* [11]. Briefly, the cells were incubated in Hanks balanced salt solution (HBSS) supplemented with KI (10 μ mol/l), known amounts of Na¹²⁵I and Hepes (10 mmol/l) at pH 7.4 for 45 min at 37°C. The cells were washed in ice-cold HBSS and finally incubated

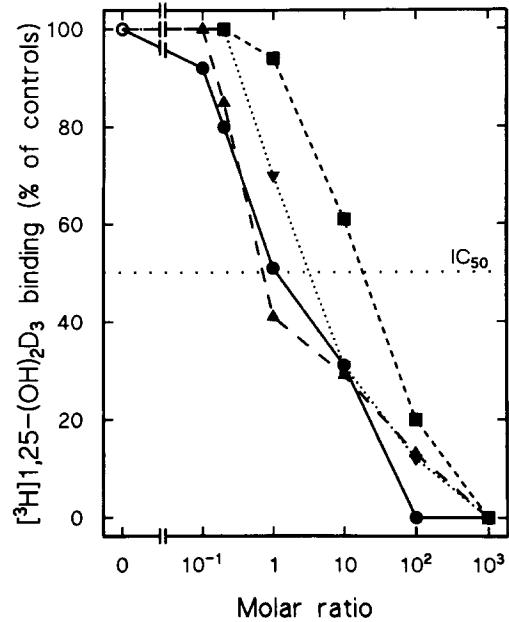


Fig. 2. Effects of unlabelled cholecalciferol analogues on the binding of [³H]1,25-(OH)₂D₃ to FRTL-5 cell cytosol. Aliquots of cytosol were incubated with [³H]1,25-(OH)₂D₃ in the absence or presence of increasing concentrations of either 1,25-(OH)₂D₃ (●), MC 903 (■), KH 1060 (▲) or EB 1089 (▼). The results are expressed as the percentage of specifically bound [³H]1,25-(OH)₂D₃ in the absence of competitor (○).

for 60 min in HBSS to which was added potassium perchlorate (20 μ mol/l) to release the intracellularly accumulated ¹²⁵I⁻ by blocking the re-uptake [19]. The amount of ¹²⁵I⁻ in the buffer was measured in a 1260 Multigamma gammacounter (LKB Wallac, Turku, Finland). The cells in the corresponding wells were harvested by trypsination and counted using a VBA 140 cell counter (Analys Instrument, Stockholm, Sweden). The amount of accumulated I⁻ was expressed as fmol per cell.

Measurement of cell growth

FRTL-5 cells were cultured in Costar tissue culture dishes. Cells in 3 dishes were harvested by trypsination and the cell numbers determined (VBA 140 cell counter). The other dishes got fresh growth medium to which was added increasing amounts of the cholecalciferol analogues. The cells were harvested by trypsination after 4 days and the increase in cell numbers during the incubation period determined.

Protein measurements

Protein was measured by the Coomassie blue dye method with BSA as standard, using the Bio-Rad Protein Assay (Bio-Rad Laboratories, Richmond, CA, U.S.A.).

Statistics

The TSH stimulated adenylyl cyclase activity, iodide uptake and cell growth in the presence of

cholecalciferol analogues are presented as a percentage of the corresponding control cell values. The concentration of analogue needed to displace the radioligand binding by 50% (IC_{50}) and B_{max} was calculated using the computer program LIGAND (Elsevier-Biosoft, Cambridge, U.K.). The analogues are compared by analysing the differences in the inhibition at every concentration tested. The sum of these differences is expressed as the mean difference and the statistical analyses are performed using two-way ANOVA and the Student–Newman–Keuls test.

RESULTS

The binding affinity of the cholecalciferol analogues for the VDR was studied by measuring the displacement of [3H]1,25-(OH) $_2$ D $_3$ specifically bound to FRTL-5 cell cytosol (Fig. 2). B_{max} for [3H]1,25-(OH) $_2$ D $_3$ was estimated to be 18 fmol/mg cytosol protein. Binding studies were performed with 1.3 nmol/l [3H]1,25-(OH) $_2$ D $_3$, and specific binding was 12 fmol/mg protein. At this concentration the IC_{50} 's for KH 1060, 1,25-(OH) $_2$ D $_3$, EB 1089 and MC 903 were 1.6, 1.9, 4.3 and 22 nmol/l, respectively. Sucrose density gradient centrifugation demonstrated that all

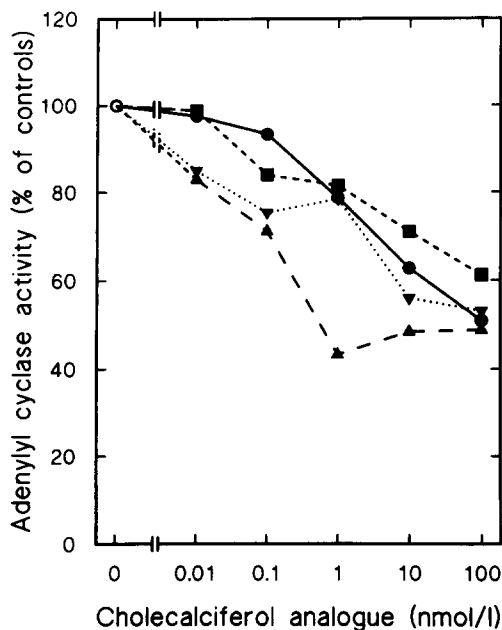


Fig. 3. Effects of increasing concentrations of cholecalciferol analogues on the TSH stimulated adenylyl cyclase activity in FRTL-5 cells. The cells were incubated for 4 days in 2H medium with increasing concentrations of either 1,25-(OH) $_2$ D $_3$ (●), MC 903 (■), KH 1060 (▲) or EB 1089 (▼). The adenylyl cyclase activity was measured after 5 min incubation with 30 U/l TSH. The results (mean, $n=6$) are expressed as a percentage of the adenylyl cyclase activity in vehicle treated controls (○) (mean: 68.0 pmol cAMP mg protein $^{-1}$ min $^{-1}$). The following rank order of potency was obtained: KH 1060 > EB 1089 > 1,25-(OH) $_2$ D $_3$ = MC 903 (> denotes a statistically significant difference ($P < 0.05$); two-way ANOVA and the Student–Newman–Keuls test).

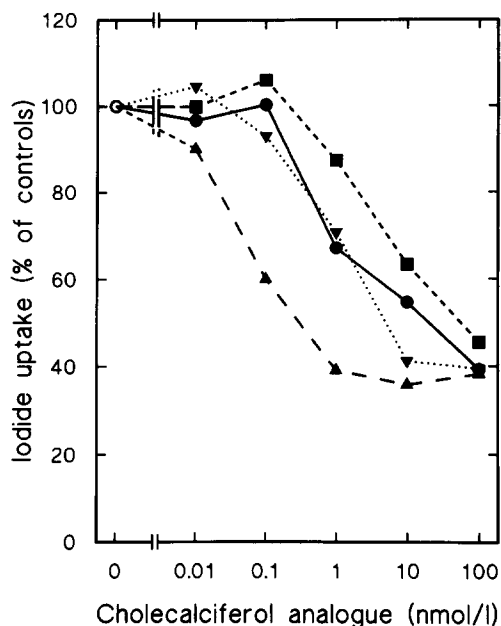


Fig. 4. Effects of increasing concentrations of cholecalciferol analogues on the TSH stimulated iodide uptake in FRTL-5 cells. The cells were incubated for 4 days in 3H medium in the presence of increasing concentrations of either 1,25-(OH) $_2$ D $_3$ (●), MC 903 (■), KH 1060 (▲) or EB 1089 (▼). The results (mean, $n=12$) are expressed as a percentage of the iodide uptake in vehicle treated controls (○) (mean: 0.87 fmol I $^-$ cell). The following rank order of potency was obtained: KH 1060 > EB 1089 = 1,25-(OH) $_2$ D $_3$ > MC 903 [> denotes a statistically significant difference ($P < 0.05$); two-way ANOVA and the Student–Newman–Keuls test].

the cholecalciferol analogues displaced [3H]1,25-(OH) $_2$ D $_3$ from a 3.7 S receptor in the FRTL-5 cell cytosol [13] (data not shown).

It has previously been shown that the ability of TSH to stimulate cAMP production was augmented when FRTL-5 cells were precultured in the absence of TSH [10], giving a maximally inhibitory effect of 1,25-(OH) $_2$ D $_3$ after 4 days [15]. Since the maximal effects of the cholecalciferol analogues were also obtained after 4 days (data not shown), the cells were incubated with increasing concentrations of the cholecalciferol analogues for 4 days in culture medium without TSH (Fig. 3). KH 1060 was the most potent inhibitor of the TSH stimulated ACA.

The TSH stimulated iodide uptake by FRTL-5 cells was maximally attenuated after 4 days of incubation with both 1,25-(OH) $_2$ D $_3$ [16] and the synthetic cholecalciferol analogues (data not shown). When increasing amounts of the analogues were added to the growth medium, KH 1060 attenuated the TSH stimulated iodide uptake most potently (Fig. 4). EB 1089 and 1,25-(OH) $_2$ D $_3$ were almost equipotent and MC 903 was significantly the least potent inhibitor of iodide uptake.

Although the analogues induced almost the same maximal inhibition of cell proliferation, KH 1060 was also the most potent inhibitor of cell growth (Fig. 5).

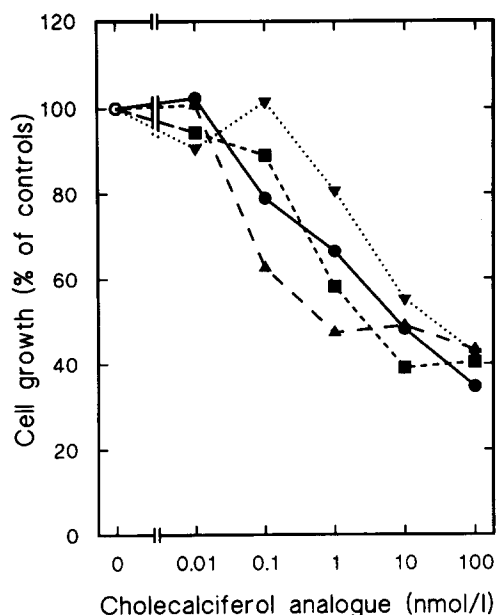


Fig. 5. Effects of increasing concentrations of cholecalciferol analogues on the TSH stimulated FRTL-5 cell growth. The cells were incubated for 4 days in 3H medium in the presence of increasing concentrations of either 1,25-(OH)₂D₃ (●), MC 903 (■), KH 1060 (▲) or EB 1089 (▼). The increase in cell numbers during the incubation period was measured and expressed as a percentage (mean, $n = 6$) of the increment found in vehicle treated controls (○) (mean: 1.59×10^6 cells/dish). The following rank order of potency was obtained: KH 1060 = MC 903 = 1,25-(OH)₂D₃ > EB 1089 (> denotes a statistically significant difference ($P < 0.05$); two-way ANOVA and the Student-Newman-Keuls test).

However, the effect was not significantly different when compared to the effects of MC 903 and 1,25-(OH)₂D₃. EB 1089 was the least potent inhibitor of FRTL-5 cell growth.

DISCUSSION

The synthetic cholecalciferol analogues MC 903, EB 1089 and KH 1060 showed high VDR affinity and they were also potent inhibitors of FRTL-5 cell growth and function. KH 1060 had the highest affinity for the VDR and was also the most potent inhibitor of TSH stimulated ACA, iodide uptake and cell growth. In agreement with our results, Binderup *et al.* [7] have shown the VDR affinity for KH 1060 to be marginally higher than for 1,25-(OH)₂D₃. In their study they found that KH 1060 inhibited cell proliferation and induced cell differentiation at concentrations several orders of magnitude lower than 1,25-(OH)₂D₃ [7]. The other cholecalciferol analogues were always significantly less potent than KH 1060, except for the MC 903 and 1,25-(OH)₂D₃ induced inhibition of cell proliferation. In contrast, MC 903 was the least potent inhibitor of the TSH stimulated ACA and iodide uptake. EB 1089 and 1,25-(OH)₂D₃ were almost equipotent inhibitors of FRTL-5 cell function and growth. Similar biologic

effects of EB 1089 and 1,25-(OH)₂D₃ were also demonstrated in a human breast cancer cell line (MCF-7) [6].

Norman *et al.* [4] have compared the binding characteristics and biological activity of 228 vitamin D analogues and found that several analogues selectively activated specific components of the vitamin D endocrine system. Differences in the availability of the analogues to the cells or non-genomic responses induced by the analogues were postulated to explain these differences. The VDR binding assay was performed by incubating FRTL-5 cell cytosol in TEKMD buffer with cholecalciferol analogues, while the biological effects were studied in cells grown in culture medium supplemented with 5% newborn calf serum. Thus, the medium contained vitamin D binding proteins (DBP) which reduce the free and presumably biologically active concentration of the analogues [20]. It has been shown that some cholecalciferol analogues have a relatively low affinity to the DBP and the VDR binding of the analogues are therefore less affected by the presence of DBP in the cell culture medium [21]. The side-chain modified analogues, such as KH 1060, EB 1089 and MC 903, have, in general, low affinity to DBP [22] and are accordingly less protein bound than 1,25-(OH)₂D₃.

MC 903 was a surprisingly potent inhibitor of FRTL-5 cell proliferation compared to its VDR affinity and other biological effects. The MC 903 induced inhibition of cell growth was not significantly different from the effect of 1,25-(OH)₂D₃, as demonstrated in other cell lines [6, 22, 23], but the VDR affinity of MC 903 was lower in FRTL-5 cells. Non-genomic effects of 1,25-(OH)₂D₃ have been demonstrated on the cAMP pathway [24], phosphoinositide metabolism [25] and intracellular Ca²⁺ concentration [26] (reviewed in [27]). Furthermore, covalent modifications of intracellular proteins by 1,25-(OH)₂D₃ have been suggested [28] and may be related to these non-genomic effects. No correlation was observed between the effectiveness of a cholecalciferol analogue to cause rapid Ca²⁺ influx in the rat osteosarcoma cell line ROS 17/2.8 and the VDR affinity and receptor dependent biological effects of the analogue [29]. In FRTL-5 cells, Törnquist *et al.* showed that 1,25-(OH)₂D₃ after 2 days of incubation did not change the resting intracellular Ca²⁺ concentration [30]. Differences in the receptor binding and the biological effects might be explained by possible non-genomic effects of an analogue and a specific membrane receptor for vitamin D has been suggested [31]. However, non-genomic responses of 1,25-(OH)₂D₃ in FRTL-5 cells have not been reported. A complex regulated process like cell replication would probably be more susceptible to inhibition by possible non-VDR mediated non-genomic effects of MC 903 than the TSH stimulated ACA and iodide uptake.

Although the apparent discrepancy between the effect of MC 903 on FRTL-5 cell growth and its VDR

affinity indicate the possibility of non-genomic effects, we conclude that the biological potency of the cholecalciferol analogues in these rat thyroid cells seem to be determined by their affinity for the VDR.

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